

menu

Essence Lunch Menu

18th, 19th, 20th March 2025

Appetizers

Feta and Watermelon Salad (V)
Pickled red onion, Mint, Toasted flatbread
(GF Upon Request)

or

Cream of Wild Mushroom Soup (V)
Truffle Oil, Chives

Entrées

Fish and Chips
Tartar sauce, mushy peas, coleslaw

Slow Roasted Louisiana Style Pork Ribs
Baked beans, Corn succotash, Southern biscuit

Rice Dolmas, Babaganoush, Pita Bread (V)
Hummus, Tabbouleh, Spicy tahini yogurt sauce
(GF Upon Request)

Dessert

Sticky Toffee Pudding (V)
Toffee sauce
(VG Dessert Upon Request)

\$25.00 taxes extra
(V) Vegetarian, (VG) Vegan,
(GF) Gluten Friendly



We bring learning to the table.